

As with most years in AAA, everyone is chasing Monroe Albany who has the advantage of competing on their home venue, home cooking, a familiar bed and and raucous fans. A couple of schools look to make a run are Cedar Grove who is bringing a large crew and Eastside is back with a lot of girls. Other schools looking to land on the Podium or knock off Monroe are Shaw, Sandy Creek, Spalding, Monroe Area, North Springs, Westover, Woodward Academy and Eagle's Landing.

Monroe-Albany- As mentioned above with the logistics are talent, talent and more talent and every season they just reload and 2012 isn't much different. Junior Mimeux Land is now the leader of young squad of Lady Tornadoes and she is poised to repeat as the HJ, LJ champ as well as challenge for a rare Triple in the Triple Jump. Land also is a huge link in their torridly swift relay squads. Look for Alexandria Child to score big points in both throws events as well. Chakerah Fletcher is one of the favorites in both the 300 hurdles and 400 meter races.

Columbus AAA- Coach Mark Erb likes his Girls chances, "I feel like my girls have a shot at a top four finish in the state. It appears that Monroe (Albany) is the clear favorite to win AAA. I think we have a pretty good shot at scoring around 40 points. Our goal is to get at least 15 points from Kristina Delpesche in the 1600/800, 20 points from Megan Clark in the pole vault and both hurdle races and 5-8 points total from Joi Iverson (Discus) and Sade Grant (HJ). I'm anxious to see if Megan can get the all-time state record in the pole vault and see if Kristina has a shot at winning both the 1600 and 800. Kristina got disqualified during 800 qualifying heats in 2011 for breaking in before the break line so she wants to redeem herself.

Sandy Creek AAA- Kaitlyn Taylor (Christian Taylor's sister) - horizontal jumps - should challenge for the Long Jump and Triple Jump title. Also a member of the 4x100 (2nd fastest time in AAA heading into Albany) and 4x400. Ariel Truitt - 100/300 Hurdles - will challenge for the title in the 100 Hurdles (has fastest time in event heading to Albany (if I remember correctly) and also score in the 300 Hurdles. Victoria Parker could sneak a few points in the sprints. Overall, Sandy Creek girls have a chance to challenge and finish in the Top 5 with solid performances out of Kaitlyn, Ariel and Victoria. If the relays hold strong they can really make some noise

Cedar Grove- Is poised to score points in both Relays led by Christian and Kayla Prior who also qualified in the 400 and (800 and 300h-Kayla) respectively. Angel Davis is a threat to score in both Throws as well as Amber Townsend in the TJ.

Anasteria Terrell of Howard could explode as she is threat to triple in the TJ and both hurdles events. Gabby Roth of Eagles Landing is only a freshman and along with White County senior Jessie Dotson could make for an interesting battle of experience vs youth with Columbus' Delpesche in the 1600 mix.